

ABUNDANCE AND THE
Enneagram
27-29th May 2017 Findhorn, Scotland

9 SOUL MEDITATIONS FOR EXPERIENCING
EVERYDAY GRACE AND PROSPERITY

“The Enneagram is the most powerful system
I know for releasing inner blocks to creativity,
inspiration and abundance.”

Robert Holden

ABUNDANCE & THE ENNEAGRAM is a 3-day program on which you will work with the ancient wisdom of the Enneagram to undo inner blocks to abundance and open up to inspiration, grace and prosperity.

Join Robert Holden in magical Findhorn for a spiritual journey with The Enneagram – one of the oldest self-awareness tools on our planet, dating back 2,500 years. “The Enneagram reminds us that our soul nature is creative and naturally abundant;” says Robert, “whereas the ego gets stuck in fear (energy blocks), fixations (mental blocks) and passions (emotional blocks) that stop you flourishing. With powerful meditations and exercises, the Enneagram helps you rediscover your divine inheritance and find your flow.”

In Abundance & The Enneagram, Robert presents an overview of the nine Ennea-Types, helps you to identify your own Ennea-Type, and guides you through nine soul meditations to help you grow and prosper. Key themes include:

Unbroken Wholeness	align yourself with the “untypeable” nature of your soul.
Know your Type	learn how your ego limits and blocks everyday abundance.
Receiving Meditation	open up to a whole new level of receptivity.
Opening Doors Within	access soul guidance using the Virtue of your type.
Life Loves You	let life help you and support you on your soul journey.
Milk the Sacred Now	cultivate a more abundant relationship with now.
Beyond Dysfunctional Independence	stop trying to do it all by yourself!
Experiencing Miracles	let go of your theories of what’s too good to be true.
Feeling Blessed	enjoy “unbelievable” amounts of good fortune.
Being Present	when you think something is missing; maybe it’s You!

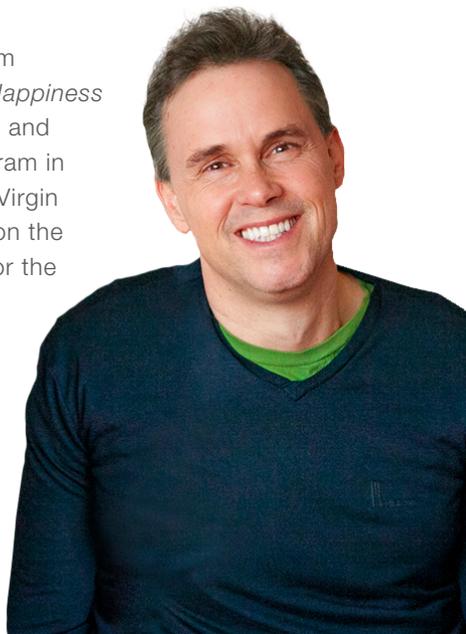
NOTE: No previous experience of the Enneagram is necessary for this course. We recommend, however, you take an Enneagram Test to benefit more fully. Please contact us for further details.

About Robert

Robert Holden runs a public program of Enneagram workshops each year e.g. *Love & the Enneagram*, *Happiness & the Enneagram*, *Transformation & the Enneagram*, and *Purpose & The Enneagram*. He teaches the Enneagram in his leadership programs with clients such as Dove, Virgin and Hay House. He also coaches people privately on the Enneagram. Robert presented the annual keynote for the International Enneagram Association in 2009. He is the author of *Happiness NOW!*, *Authentic Success*, *Shift Happens!*, *Be Happy*, *Loveability* and *Holy Shift!* His latest book is *Life Loves You*, co-written with Louise Hay. He hosts a weekly show on Hay House Radio called *Shift Happens!*

Website: www.robertholden.org

Facebook: www.facebook.com/drrobertholden



What Others Say About Robert

“Robert Holden has a deep and thorough understanding of the Enneagram and the psychological patterns of the nine types. But more importantly, he well understands the deeper dimensions of the Enneagram work as well as its true purpose--teaching us all to live lives of greater compassion, wisdom, and graciousness. Further, I know him to live from these truths on a daily basis. You would be very well-served to experience his masterful work.”

Russ Hudson,

co-author of *Wisdom of the Enneagram*

“Discovering the enneagram has literally changed my life and I have Robert Holden to thank for that. His knowledge and experience with this model of growth is vast and it's given me a powerful context for my life. When you take the time to learn about the nine points and your own personal number, you'll uncover a clear path of development that will lead you to your most authentic and fulfilling life!”

Cheryl Richardson,

New York times bestselling author of *The Art of Extreme Self-Care*

“Studying the Enneagram has been one of the greatest tools for understanding myself and my fellow humans. Whether you are new to the Enneagram or had serious training in the past, allow yourself the gift of learning the Enneagram with Robert. You will leave both knowing the Self and the “not self” in a way that will change your life and your relationships for the better - forever.”

Sonia Choquette,

New York Times bestselling author of *The Answer. Is Simple... Love yourself. Live your Spirit.*

“Being coached by Robert, and working closely with the Enneagram, has been an outstanding experience. I would recommend it to everyone.”

Alessandro Manfredi,

former VP of Dove & The Real Beauty Campaign

“Robert’s teaching of the Enneagram has empowered me to enhance my good relationships and understand the people I have found more difficult. I now play more to my own strengths and able manage the unhealthier aspects of my personality.”

Nick Williams,

author of *The Work You Were Born To Do*

“Robert is a gifted teacher. His work transforms lives.”

Deepak Chopra,
The Soul of Leadership

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For tickets, please visit:

<https://www.findhorn.org/programmes/186/>